STROLL

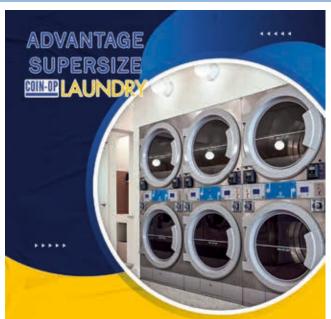
Bridlewood





Real Estate Pham LLC Here...We are Phamily

Michael Pham | pha895@yahoo.com
For free advice/consultation/networking opportunity - Call: 858-610-3891







LAUNDROMAT OPERATOR:

Mira Mesa: 8969 Mira Mesa Blvd San Diego, CA 92126

Linda Vista: 7612 Linda Vista Rd San Diego, CA 92111

City Heights: 5971 University Ave, Ste 301 San Diego, CA 92115

RESIDENTIAL:

- Buy and Hold
- Flipper and Developer
- Accessory Dwelling Units (ADUs)

COMMERCIAL:

- Retail Asset Manager
- Library Plaza Poway
- Multi-family developer



strollmag.com

Delivering Neighborhood Connections
© 2025 The N2 Company, Inc.

OWNER / PUBLISHER

Joe Mendoza (858) 293-1998 joe.mendoza@strollmag.com

CONTRIBUTORS AT LARGE THE RESIDENTS OF BRIDLEWOOD.

We are always looking for residents to follow up on leads, find great stories and send us ideas. Let's celebrate the great things happening in our community! No contribution is too small. Please email joe.mendoza@ strollmag.com with your pictures, suggestions, or requests

STROLL BRIDLEWOOD CONTRUBUTORS



Joe Mendoza Owner/Publisher joe.mendoza@strollmag.com



Elizabeth Zentner Operations Manager elizabeth.zentner@n2co.com



Gavin Ha Photographer gh@vizualrhythm.com



Kris Gent Photographer krisgentphotography@yahoo.com



Marina Shkolnik Photographer www.marinashkolnikphotography.com

DISCLAIMER: This publication is owned by The N2 Company and is not affiliated with or sponsored by any club, developer, or homeowners association. Articles and advertisements in this publication and opinions expressed therein do not necessarily reflect the views of N2 but remain solely those of the author(s) or advertiser(s). The paid advertisements contained within this magazine are not endorsed or recommended by N2.

We're proud to showcase businesses that share our commitment to fostering local connections. When perusing our pages, keep an eye out for the "Local Sponsor" icon to identify articles highlighting these valuable partners. Please note that businesses profiled may have provided free products and / or services for the review.



IMPORTANT PHONE NUMBERS

(858) 513-2800 San Diego County Sheriff's Department

(858) 668-4400 Poway Fire Department Phone
(800) 222-1222 California Poison Control System - San Diego

DIVISION

(858) 668-4400 Poway City Hall

UTILITIES

(858) 668-4401 Poway Customer Services (Water Billing) (760) 744-2700 EDCO Garbage Collection Service

(800) 611-7343 SDG&



PREFERRED PARTNERS

This section is here to give our readers easier access when searching for a trusted neighborhood partner to use. Get to know the businesses that make this magazine possible. Please support them in return and thank them if you get the chance!

ADVERTISING / MARKETING

Icon Industries Inc

(760) 933-9696 iconindustries.io/

AGENT / REAL ESTATE

Anup Patel and Mike Blair Realty

(619) 672-9234 anuppatel.mikeblairrealestate.com/

COMMERCIAL REAL ESTATE IRES Commercial

(626) 593-4225 IRES.com

DENTIST

Dr Leila Khansari

(858) 668-3390 smilesbydrleila.com

DENTIST & ORTHODONTICS

Midland Orthodontics (858) 883-4860

midlandorthopoway.com

ELECTRICIAN/ **ELECTRICAL CONTRACTOR**

Energy Electric S.D., Inc.

(858) 344-2945

energyelectricsd.com/

FINANCIAL ADVISOR

Michael Ortiz - Edward Jones

(858) 798-4026 edwardjones.com

GENERAL CONTRACTING / REMODELING

Jose Hernandez Dry Wall

(760) 855-1039

HOME HEALTH/HEALTH CONCIERGE

Memory Lane

(760) 445-3639 memorylanevillage.com

HOME THEATER / HOME **AUTOMATION**

Plug N Play Inc

(619) 302-4637 Plugnplaytv.com

HVAC SDC&R HVAC

(858) 878-7722 beacons.ai/sdcr.hvac

INTERNET, PHONE, TV SERVICES

South Shore Networks (619) 677-1975

www.ssnsolutions.net/

LANDSCAPE/YARD MAINTENANCE

Yard Pro Design

(619) 707-4433 www.yardprodesign.com/

MORTGAGE / HOME **LOAN & REFINANCE**

Josh Gullick (619) 495-9904

ccm.com

MORTGAGE / LENDER John and Lynn Schuler

(760) 707-8548

www.schulerlendingteam.com

PAVING AND CONSTRUCTION

On Point Paving

(760) 689-8299

PERSONAL TRAINER

Thomas Padilla - Personal Trainer (619) 985-6737

thpfit.com

PET CARE / GROOMING

Dapper Doggery

(858) 748-7554 dapperdoggery.com/

PHOTO ORGANIZATION

Kris Gent Photography

(858) 740-7954 krisgent.smugmug.com/

Vizual Rhythm Media

(858) 848-1637

vizualrhythm.com

REAL ESTATE

Debra Johnson

debra.l.johnson.exprealty.com

(619) 743-0373

Marguerite Apostolas - Realtor

(619) 405-4958 apostolasteam.com

Mary Lawler - Realtor

(619) 857-5881

MaryLawler.com

The Joe Mendoza Real Estate Team

(619) 246-4663

joemendozateam.com/

RESTAURANT/BAR Chief's Da Crab Shack | JJ's Island Grindz | Chief's Da Tiki Bar

(619) 500-6888 jjsislandgrindzca.com/

ROOFING

Gold Star Roofing II

(619) 840-8845 www.gsr-2.com

SHOPPING PLAZA

Poway Library Plaza (858) 610-3891

SOCIAL CLUB

Commercial Real Estate Investor Club

(619) 246-4663

www.CREIClive.com

VIRTUAL ASSISTANT

Summit VA Solutions

(281) 733-0885

summitvasolutions.com

WINE CLUB

Koi Zen Cellars (858) 381-2675

www.koizencellars.com







4 August 2025

Experienced. Dedicated. Results-Driven.



Specializing in

TRUSTEE & PROBATE SALES TRADITIONAL SELLERS **SMOOTH AND STRESS-FREE**

Mary Lawler,

California Realtor DRE 01446152

Call today for expert guidance!

(619) 857-5881

SAN DIEGO CASTLES REALTY 12265 SCRIPPS POWAY PARKWAY, POWAY, CA, 92064







30 years

in real estate

We use top-tier

& lending.

staging and

photography,

and marketing.

SMART SHOPPING IN A SHIFTING MARKET

From family cars to fine finishes, rising costs are changing how Americans shop, splurge and save.

BY SHAUNA OSBORNE, NATIONAL EDITOR

If your grocery bill feels steeper and that new patio set is suddenly a splurge, you're not imagining it — and now may even be the time to start planning ahead for holiday shopping. A new wave of price hikes is making its way across key spending categories — and it's not just inflation. Recent shifts in trade policy have added broad import duties across industries, quietly driving up sticker prices on everyday goods. While some of the reasons are policy-related, the takeaway for consumers is simple: expect to pay more and plan accordingly.

▶ Electronics and appliances

Laptops, gaming systems and home appliances, like toasters and air conditioners, are among the most affected by import-related price hikes. In the 2018 trade adjustment, the median price of washing machines rose by more than 11%. Today, new charges on electronics from top exporting countries such as China, Taiwan and South Korea could push up prices on items like TVs and smartphones. With inventories still relatively strong, making planned purchases sooner may offer more selection and better pricing.



▶ Home goods and furniture

like sofas, beds and storage pieces.

▼ Clothing and discretionary items

Apparel and accessories face fewer cost pressures at present. With a broad mix of sourcing regions, many clothing items continue to be competitively priced. Stocking up in this area carries less urgency (and less upside), especially with fast-changing styles and sizing considerations.



The auto market is in flux. Imported models

and even many U.S.-assembled vehicles,

which rely on parts sourced overseas, are

▼ Home renovation and design

Rising costs aren't limited to finished goods; materials used in home projects are climbing, too. Imported tile, stone and fixtures are subject to new duties, increasing the cost of even modest upgrades. Securing quotes early and exploring domestic alternatives may help offset higher project totals.



⋖ Vehicles

About a third of furniture sold in the U.S. is made abroad, especially in China and Vietnam, two countries now facing steeper import fees. While availability hasn't yet been severely impacted, dwindling shipments may lead to reduced inventory and higher prices, especially for large, in-demand items



STROLL Bridlewood 7 6 August 2025

The Bayanis

BRIDLEWOOD LIFE IS THE GOOD LIFE





Allow me to introduce you to your neighbors, the Bayanis (Buy-on-knees). For Charles and Julie, their story is a heartwarming tale that goes way back. Believe it or not, these two were high school sweethearts close by in Scripps

Ranch, always feeling a special connection to the welcoming community of Poway. While life's adventures took them on their financial paths for a while, the undeniable pull of this wonderful town – and their enduring love – eventually brought them here to Bridlewood. Charles has been a proud San Diegan since '96, and now, with Julie and their adorable children, Remi and Charlie, they've officially planted their roots and are making the most of everything Poway has to offer!

PERFECT SCHOOLS, SUNSHINE, AND SMILES

For Charles and Julie, choosing Poway in 2024 was a complete no-brainer. Top-notch schools for Remi and Charlie were a huge plus, and keeping it real, who can resist the beautiful, uninterrupted scenery here. They were drawn to the fact that their specific Bridlewood community wasn't a master plan community where homes are "stacked... on top of each other." Poway's commitment to avoiding that kind of density was a major factor, offering them the room to stretch and walk. It's the perfect blend of a peaceful, country-like atmosphere with city conveniences, and the Bayanis are loving every inch.

CHARLES BAYANI: REVOLUTIONIZING PAYMENTS, ONE VIDEO AT A TIME WITH PAYMENT HQ

Charles Bayani isn't just your average financial entrepreneur; he's a visionary who understands the power of connection and transparency in today's digital age. As the driving force behind Payment HQ, Charles is on a mission to empower business owners with seamless and efficient payment solutions. But what truly sets him apart is his commitment to sharing his entrepreneurial journey in a remarkably authentic way. My video and photography business Vizual Rhythm, shares this emphasis on authenticity. You'll often spot Charles navigating the world of finance and family life with a dedicated videographer capturing it all. From strategic business meetings at Payment HQ to heartfelt moments with his loved ones, Charles is pulling back the curtain on the realities of building a business and engaging with his community. It's a unique, realtime look into the dedication and passion that fuels Payment HQ's success, offering a fresh and engaging perspective on the world of fintech. Through these daily glimpses, Charles is building trust and connection, proving that in today's world, transparency is the ultimate currency.



TEAM BAYANI: GROWING TOGETHER. SERVING TOGETHER

Charles and Julie are an inspiring team, not just in their personal lives but as partners navigating the complexities of career and community engagement. Their journey hasn't been without its challenges, as Charles candidly shares a time when Julie's career was taking off while he felt like he was falling behind—a season that challenged his confidence but ultimately fueled his growth. This moment of potential disparity, however, became a catalyst for personal growth and a deeper understanding of their relationship. They actively worked to ensure their growth was together, a testament to their commitment to supporting each other's aspirations. This ability to navigate individual ambitions while strengthening their bond is a key ingredient in their success, both at home and in their professional lives. Charles credits Julie as a "huge supporter," and their teamwork, built on mutual respect for their individual roles, allows them to make a positive impact right here in our community. Their journey shows that embracing change and prioritizing shared growth can lead to a truly powerful partnership.

BUILDING BONDS IN BRIDLEWOOD AND POWAY

The Bayanis are all about community spirit. They absolutely adore their Bridlewood neighborhood, where friendly faces and the sounds of nature make every day a joy. It's the kind of place where you feel instantly at home, and our power couple are definitely feeling the love from everyone. You'll often spot the Bayanis enjoying the charm of Old Town Poway. From the delicious stands at the farmers market to the fun of the historic train, it's a family favorite. And guess what? Charles and Julie even celebrated their engagement there – talk about a special connection to this new hometown.

The Bayanis are all about community spirit. They absolutely adore their Bridlewood neighborhood, where friendly faces and the sounds of nature make every day a joy.



10 August 2025

PET FRIENDLY **LOCAL SPOTS**

Annual Cardiff Dog Days of Summer

August 3rd, 2025 10am - 3pm

Encinitas Community Park

425 Santa Fe Dr., Encinitas Admission is free.

This annual event features over 100 dog-centric vendors, rescue groups, and adoption agencies on "Rescue Row," plus a lively vendor village. Highlights include dog contests (Cutest Puppy, Best Trick, Ice Cream Eating, and more), an agility course, Swift Paws lure demos, San Diego Fire Department showcases, live music, food trucks, and a ticketed libation lounge. Guests can also visit the pet health expo with on-site pet micro-chipping.

Visit www.cardiff101.com/events for more info.





Surf Dog Surf-A-Thon

September 7th, 2025

8am - 2pm

Del Mar Dog Beach - 3200 Camino Del Mar, Del Mar

Admission is free, although there are entry fees for contests, board rentals and canine life vest rentals.

This event raises funds for animals at Helen Woodward Animal Center! The activities include a dog surfing competition, interactive vendor booths, a canine costume contest, a dog agility course, music and summer fun! Surf contestants will participate in 10-minute heats based on weight class and are judged on length of ride, size of wave ridden, catching a critical part of the wave, and maneuvers.

Visit animalcenter.org/surf-dog-surf-a-thon/ to learn more.

Looking for exceptional dental care?

Proudly serving our community with personalized care.

Discover our exclusive **Invisalign** special and let your whole family smile with confidence.





WELCOMING NEW PATIENTS

Call or Book Online!

858-668-3390 | WWW.SMILESBYDRLEILA.COM









(858) 878-7722 **Specializing In Commercial, Residential** & Restaurant Equipment HVAC • Refrigerator • Freezer Ice Machine • Walk-In • Hotside

Maintenance Options



Summer Safety Guide for San Diego Homeowners

Brought to you by Anup Patel, Realtor® – Your Local Home & Lifestyle Resource

1. Beat the Heat at Home

Inspect your A/C unit – Clean filters, check refrigerant levels, and schedule a tune-up to avoid breakdowns.

Use blackout curtains or window film to reduce indoor temperatures and energy

Stay hydrated and keep cool packs in the fridge—especially for children and elderly family members.

2. Pool & Water Safety

Always supervise children near water, even if they know how to swim.

Install or inspect pool fences and safety latches.

Consider a pool alarm or motion-sensor device for extra peace of mind.

3. Outdoor Safety

Check for tripping hazards around patios, walkways, and play areas.

Secure grills and propane tanks; keep them away from overhangs or dry brush.

Store lawn tools safely and check for rust or damage before use.

4. Pest & Fire Prevention

Empty standing water regularly to prevent mosquito breeding.



Trim overgrown landscaping and clear brush to reduce wildfire risk.

Schedule a termite or pest inspection, especially if you're prepping to sell.

5. Vacation Safety Tips

Set indoor lights on timers and have a neighbor collect mail if you're out of town.

Secure windows, back doors, and side gates.

BONUS: Homeowner Tip

Planning to move or sell soon? Summer is a hot market! I offer free consultations to help you plan your next move safely and strategically.



ANUP PATEL

Real Estate Agent
Cell: (619) 672-9234
DRE #02221647
LPT Realty
anuppatelrealty.com
Book A Free Consultation Today
calendly.com/anuppatelrealty



HOT Summer Listing...SOLD in 6 DAYS!



15135 Luis St. Poway, CA 92064

1372 sq ft

4 beds

2 baths

\$949,900

Listed by: Anup Patel









CALLING ALL BRIDLEWOOD RESIDENTS

























CCM PRODUCT PORTFOLIO MORE LOANS. MORE HOMES. MORE HAPPY PEOPLE.

WE CAN CLOSE IN AS LITTLE AS 10 DAYS



JOSH GULLICK

ORIGINATING BRANCH MANAGER NMLS 943522

619-495-9904 JOSH.GULLICK@CCM.COM

BANK STATEMENT

Self-employed borrowers qualify using bank statement in lieu of tax returns.

1099

Secure a home using your 1099 income forms.

ADU INCOME

Allows ADU rental income to help you qualify or to consolidate construction costs with a rate and term refinance.

INVESTOR CASH FLOW (DSCR)

Qualify using solely rental income to fiance an investment property.

RSU

Use Amazon restricted stock units to help buy a home.

ASSET QUALIFIER

Qualify for a mortgage solely using your assets.

PROFIT AND LOSS (P&L)

A solution for business owners to qualify using professionally prepared P&L statements.

FOREIGN NATIONAL

Financing for a vacation or investment property in the U.S. without living or working in the U.S.



CrossCountry Mortgage, LLC. NMLS 3029 2160 Superior Avenue, Cleveland, Ohio 44114 Equal Housing Opportunity | www.nmlsconsumeraccess.org

Charity Spotlight

LUXURY. LOCATION. LIFESTYLE

Nestled in one of San Diego's most coveted communities, Poway offers a perfect retreat for those seeking privacy, space, and sophistication.

- Exclusive Estates & Gated Communities
- Expansive Homes with Resort
 Style Amenities
- Panoramic Views & Lush Acreage
- Proximity to Top Schools, Golf Courses
 & Equestrian Trails

Whether you're buying or selling, experience white-glove service with a luxury real estate expert who understands the Poway market and your unique lifestyle needs.

In Depth Local Knowledge
World Class Marketing
Luxe Presentation
Global Exposure
Leading Edge Technology
Extraordinary Concierge Service
20 Years Experience & 1000+ Homes Sold



Marguerite Apostolas

Broker Associate | Team Lead | CalDRE #01381771 619.405.4958 | marguerite@apostolasteam.com



LUXURY

You're Invited to Stroll Bridlewood: Neighbors Night Out!

Join us for a fun evening of mingling and wine held on the **2nd Thursday of the month from 6-8pm.**

UPCOMING DATES:

Thursday, August 14th No Date in September Thursday, October 9th

KOI ZEN CELLARS

12225 World Trade Dr. Ste P, San Diego

Enjoy **Bridlewood Neighborhood Special Pricing** on drinks (available for purchase).

Bring a neighbor and come raise a glass with your community!
Please RSVP to: Joe.Mendoza@n2co.com





Your Neighborhood "Hidden Gem" Winery



TRUSTED BY LOCALS FOR THE PAST 10 YEARS



(858) 381-2675 • wine@koizencellars.com 12225 World Trade Dr. STE P • San Diego, CA 92128



Neighbors Night Out



www.boardandboujeesd.com

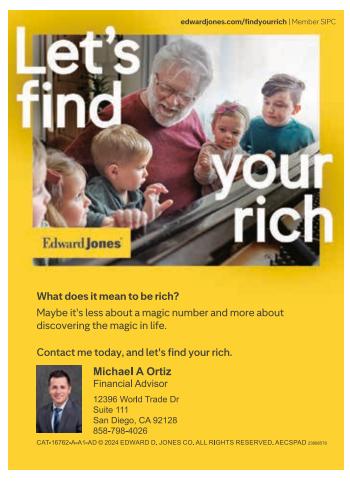
Neighbors gathered on the evening of July 10 for our first of many community events at Koi Zen, enjoying delicious wine, and food provided by Board & Boujee. The night was filled with great conversation, flavorful bites, and perfectly paired pours. We hope you'll join us for the next one on August 14!













0: **760-933-9696** | C: **760-807-7329**

Shayn.Mitchell@IconIndustries.io | 925 S. Orange St.Escondido Ca 92025









San Diego's Automation Technology Experts





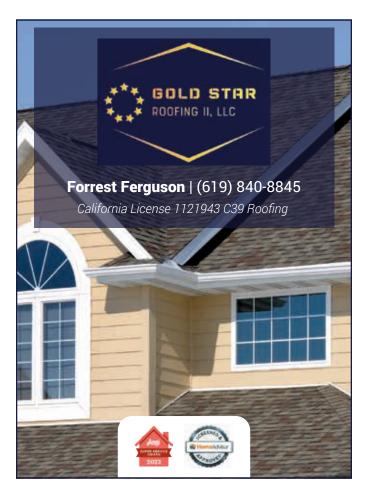


Whole House Music ► Lighting and Shades ► Pre-Wire/Cabling
Security Cameras and Network ► TV Install and Dedicated Theater Room





(619) 302-4637 • contact@plugnplaytv.com Servicing San Diego county





resident business guide

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to joe.mendoza@n2co.com.

AUTOMOBILE ACCESSORIES ZL1 Addons Johnny Jones (858) 527-8727 zl1addons.com/ AUTOMOBILE DETAILING Sunnyside Auto Detail Emran Rahimiquishmi (858) 323-7447

sunnysidesandiego.com/

WORKSHOPS

Love 4 Art San Diego Marina Khudobina (858) 735-1659

BILE DETAILING CONSTRUCTION ide Auto Detail R&M Construction, Inc.
Rahimiquishmi Randy McCann

(858) 566-4950 www.rmconstruction info.com/ CUSTOM SHUTTERS & WINDOW TREATMENTS

WINDOW TREATMENTS
Quail and Poppy Designs
Brooke Gharst and
Mary Dehaan
(858) 735-3458

quailandpoppydesigns.com

HOME DECOR

Everyday Trees Karyn Dillon (760) 419-2113 everydaytrees.com/

HOME PROTECTION

LiquaMotion

Johnny Jones (858) 204-4263 liquamotion.com/









Thomas Padilla

Flexible training

plans

REAL ESTATE

This is your neighborhood Real Estate Resource page. This information can be useful when trying to compare property values or for just keeping a pulse on the real estate market in our area. For questions regarding the properties listed, or about real estate in general, consult a real estate professional,

The information contained herein has been obtained through sources deemed reliable by The N2 Company, but cannot be guaranteed for its accuracy. Any information of special interest should be obtained through independent verification.

Address	Beds	Baths	SqFt	Status
14460 Cheyenne Trl	4	5	5,605	ACT
15458 HARROW LANE	4	4	4,286	ACT
15943 Ranch Hollow Rd	5	5	3,764	ACT
13555 Sagewood Dr	5	5	3,864	ACT
16879 Saint Andrews Drive	5	5	4,040	ACT
14380 Ciera Court	7	8	11,744	ACT
17010 Butterfield Trl	5	6	5,755	ACT
15955 Running Deer Trail	4	7	6,583	ACT
17342 Tam O Shanter Dr	4	4	3,620	ACT
16021 Pomerado Road	5	5	3,850	ACT
14175 Biscayne	6	7	7,760	ACT
17502 Corte Lomas Verdes	4	4	4,505	ACT
13678 Orchard Gate Rd	6	4	4,048	ACT
18655 Old Coach Dr	6	8	8,900	ACT
16110 Lakeview Drive	5	6	5,062	ACT
13627 Poway Springs Rd	6	4	4,348	PEND



Offering Catering, Dine-in, Take-Out, and Private Events! **VETERAN OWNED**













CHIEF'S DA CRAB SHACK

Seafood Restaurant, Crab Boil, Cajun/Creole, Noodles, and More!

4110 Bonita Rd, Bonita, CA 91902 | (619) 500-6888







CHIEF'S DA TIKI BAR

Chill bar with a retro tiki vibe, live music, and karaoke, plus food and cocktails.

4148 Bonita Rd, Bonita, CA 91902 | (619) 773-6644



9151 Currency St. Irving, TX 75063

A Publication for the Residents of Bridlewood

JOIN THE COMMERCIAL REAL ESTATE INVESTOR CLUB!



Are you ready to take your real estate investing

TO THE NEXT LEVEL?

Whether you're a beginner or a seasoned pro, CREIC is the place to learn, network, and grow in the exciting world of multifamily, creative deal structuring, deal analysis, and commercial real estate.



Connect with like-minded investors

Expand your knowledge, acquisitions, & network
Learn from experienced professionals
Explore real opportunities in commercial real estate



This is a no-pitch, high-value group designed to educate & empower investors.

Don't miss out on our next event!

RSVP today at CREICLIVE.com



